

African Hospitality and Tourism (Pty) Ltd

"Here to Host You"

Ala Carte

MENU

BREAKFAST

Continental Breakfast Buffet N\$185.50

- **Cereals** (Weetbix, All Bran Flakes, Cornflakes,
- Yoghurt, Seasonal Variety of Fruits)
- **Cold Platters** (Gouda / Mozzarella Cheese, Tomatoes, Ham, Cucumber, Salami)
- **Hot Buffet Items** (Fried Eggs, Bacon, Wors Baked Beans, Hash Tomatoes)
- **Selection of Bread** (White, Brown, Toasted, Ham, Butter, Peanut Butter, Honey, Marmalade)

Variety of Sandwiches N\$ 35.50

- Ham and Cheese, Tomatoes, lettuce Sandwich
- Toasted Ham and Cheese Sandwich
- Toasted Salami and Cheese Sandwich
- Open : Sandwich, Egg Mayo, Tuna Mayo Chicken Mayo

English breakfast

- Fried Eggs, Crispy bacon, **N\$ 155.50**
Sausage, Tomatoes, Baked Beans, Mushrooms, Toasted Bread (white/brown)
- Fried Eggs, Crispy bacon, **N\$ 165.50**
Sausage Tomatoes, Baked Beans, Mushrooms, Toasted Bread, Creamy past/Asparagus (white/brown)

Vegetarian

- Vegan Sausage **N\$ 18.00**
- 2x Grilled Tomatoes **N\$ 8.50**
- Hash Browns **N\$ 25.50**
- Hash Browns with egg and bacon **N\$35.50**
- Mushrooms **N\$ 25.50**
- Baked Beans **N\$ 25.50**
- Scramble Eggs **N\$ 21.50**
- Poached Egg **N\$ 18.50**

EXTRAS

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|---|------------------|
| <i>Sunny Side Up Each</i> | N\$ 18.50 |
| <i>Sunny Side Turn Over Each</i> | N\$ 18.50 |
| <i>Scramble Eggs</i> | N\$ 18.50 |
| <i>Poached Egg Each</i> | N\$ 18.50 |
| <i>Green Omlette(eggs, spinach, feta, tomatoes, avocados, olives,toasted seeds &bacon</i> | N\$ 45.50 |
| <i>Omelette</i> | N\$ 45.50 |
| <i>Boiled Egg</i> | N\$ 6.00 |
| <i>Roasted Potatoes</i> | N\$ 25.00 |
| <i>Mini Sausages</i> | N\$ 18.50 |
| <i>Cheese Slices</i> | N\$18.50 |
| <i>Fresh Fruits</i> | N\$ 30.50 |
| <i>Pancake Plate</i> | N\$ 45.00 |
| <i>Waffle (served with ice cream and fruits/ whipped cream and fresh fruits)</i> | N\$ 35.00 |
| <i>Waffle (served with eggs Benedict)</i> | N\$ 55.50 |
| <i>Mushrooms</i> | N\$ 20.00 |
| <i>Scrambled egg & Avocado wrap (eggs, gouda cheese, tomatoes, bacon & avocado)</i> | N\$ 65.50 |
| <i>Spinach and Feta Breakfast Wraps</i> | N\$ 75.50 |
| <i>Vegetarian Breakfast Burritos</i> | N\$ 75.50 |
| <i>Mexican Breakfast Tacos</i> | N\$ 75.50 |
| <i>Peanut Butter Banana Wrap recipe (Vegan, Dairy free)</i> | N\$ 65.50 |
| <i>Breakfast Quesadillas</i> | N\$ 65.50 |

STARTERS

Crumbed Mushrooms

(On A Bed Of Lettuce Served With Tartar Sauce)

N\$ 85.50

Vegetable Kebab

(Drizzled With Thyme and Coriander Dressing)

N\$ 75.50

Peri-peri Chicken Livers

(Served With A Toast)

N\$ 68.50

Cheesy Antipasto Garlic Bread

N\$ 68.50

6x Grilled Tiger Prawns

(Served With Creamy Garlic Sauce and Toast)

N\$ 185.50

6x Crumbed Deep Fried Calamari Rings

(Served With Tartar Sauce)

N\$ 175.50

4x Four Deep Fried Chicken Wings

(Served With Peri-peri or Sweet Chilli Sauce)

N\$ 125.50

SOUPS

Beef and Vegetable Soup

N\$ 55.50

Vegetable Soup

N\$ 45.50

Chicken Soup

N\$ 45.50

Butternut Soup

Served With Croutons

N\$ 45.50

Broccoli Soup

Served With Bacon Bites and Croutons

N\$ 45.50

Noodles Soup

N\$ 55.50

SALADS

Garden Green Salad

(Bed of Lettuce, Cherry Tomatoes, Cucumber Onions and Bell Peppers)

N\$ 85.50

Greek Salad

(Bed of Lettuce, Cherry Tomatoes, Cucumber Onions, Bell, Olives and Feta Cheese)

N\$ 95.50

Caesar Salad

(Chicken Breast, Bacon, Croutons and Parmean Cheese)

N\$ 95.50

Nicoise Salad

(Mix Lettuce, Baby Potatoes, Green Beans, Olives Cherry Tomatoes, Shredded Tuna and Onions)

N\$ 115.50

Warm Sea Food Salad

(Fancy Lettuce, Cherry Tomatoes, Cucumber, Onions Bell Peppers, Calamari, Baby Prawns, Avocado Olives and Croutons)

N\$ 185.50

AHT Beef Stripes Salad

(Fancy Lettuce, Beef Stripes, Cherry Tomatoes Cucumber, Onions, Bell Peppers Sesame Seeds)

N\$ 155.50

Grilled Chicken Salad

(Fancy Lettuce, Cherry Tomatoes, Cucumber Onion, Bell Peppers, Chicken Breast)

N\$ 155.50

Caprese Salad

(Tomatoes ,fresh mozzarella, sweet basil, olive oil and balsamic glaze)

N\$ 85.50

Cobb Salad

(Greens, tomato, crispy bacon, boiled egg, chicken, chives, Roquefort cheese and avocado)

N\$ 115.50

waldorf Salad

(Apples, celery, grapes and walnuts, dressed in mayonnaise, served on a bed of lettuce)

N\$ 85.50

Crisp Apple Salad

(Crisp tart apple, Mixed lettuce, toasted pecans, Goat cheese or feta cheese, Pomegranate seeds or dried cranberries with Maple Vinaigrette dressing)

N\$ 115.50

Colesaw Salad

(Shredded raw cabbage with vinaigrette or mayonnaise.)

N\$ 85.50

Three Bean Salad

(Green beans, yellow wax beans, garbanzo beans, kidney beans, onions, peppers, or other vegetables, tossed in a vinaigrette or vinegar-based dressing.)

N\$ 115.50

Italian Salad

(Croutons, Romaine lettuce, butter lettuce, red onion, cherry tomatoes, black olives (or halved olives, pepperoncini, Parmesan shavings, served with Italian Dressing.)

N\$ 115.50

Strawberry Salad

(Baby spinach, strawberries, red onions, toasted almonds, feta cheese crumbles, sweet served with strawberry vinaigrette salad dressing)

N\$ 115.50

Mexican Salad

(lettuce, baby greens like baby kale/ spinach /arugula, red onions, cherry tomatoes, radishes, frozen corn kernels, chopped avocado / black beans / chopped cucumber, roasted salted pumpkin seeds) served with Taco Salad Dressing.)

N\$ 115.50

Broccoli Salad

(Fresh broccoli, Red onion, Carrot, Raisins, Mayo, Cider vinegar, Dijon mustard and Maple syrup)

N\$ 115.50

French carrot Salad

*(Carrots, celery, maple syrup, mustard, Green onions, Parsley
White wine vinegar)*

N\$ 115.50

MAIN MEALS

MEAT DISHES

Stuffed Roasted Leg of Lamb

(Served With Potatoe Gratin, Side Salad and Rosemary Jus)

N\$ 185.50

Beef Teriyaki

(Served With Savoury Rice)

N\$ 155.50

Grilled Lamb Chop (200g)

(Served With Savoury Fried Rice, Roasted Veggies or Garden Salad and Peppercorn Sauce)

N\$ 165.50

Meatballs

(Served With Spaghetti and Sautéed Seasonal Veggies)

N\$ 165.50

Beef Stew

(Served With Pap / Savoury Rice / Pasta and Seasonal Veggies)

N\$ 165.50

Lasagna

(Served With Side Salad)

N\$ 165.50

Spaghetti Bolognese Top with Gouda or Cheddar Cheese

N\$ 155.50

Lamb Shank

(Served With Mash Potatoes, Roasted Veggies and Gravy Sauce)

N\$ 185.50

Butter Pork Chops

(Served with Rosemary & Garlic Butter and Sweet Potato Mash)

N\$ 165.50

Roasted Pork Neck

(Served With Pome Lyonnaise, Braised Cabbage and Beer Sauce)

N\$ 168.50

Game Meddalion in Pepper Sauce

(Served With Sweetcorn Pap, Broccoli and Cauliflower Roses)

N\$ 168.50

Pork Trotter Stew

(1 Hour Preparation)

Served With Maize Meal Pap / Rice)

N\$ 165.50

MAIN MEALS

CHICKEN DISHES

Roasted Chicken Leg Quarter: (Served With Baked Potatoes and Garden Salad.) **N\$115.50**

Bacon Wrapped Chicken Breast stuffed with parmesan, pepper & spinach **N\$ 165.50**
(Served with butternut puree and hassle back potatoes)

Chicken Curry: (Served With Butter Rice and Seasonal Veggies) **N\$115.50**

Chicken Schnitzel: (Served With Chips and Salad with Cheese Sauce) **N\$ 135.50**

Two Piece Free Range Chicken (Served With Oshifima, Omboga and Ondjove) **N\$105.50**

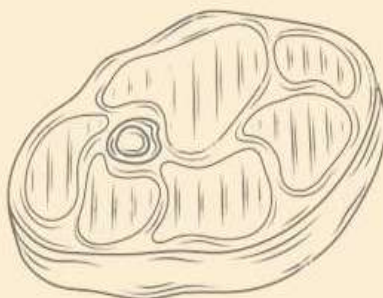
Stir-Fried Chicken Wrap (Served With Chips or Side Salad.) **N\$95.50**

Whole Free Range Chicken (Served With Oshifima, Omboga, Ondjove and Omwayi.) **N\$215.00**

MAIN MEALS

GRILL STEAKS

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|---------------------------|-------------------|
| 200g Pork Chop | N\$ 155.50 |
| 200g Lamb Chop | N\$ 155.50 |
| 200g Sirloin Steak | N\$ 155.50 |
| 250g Rump Steak | N\$ 155.50 |
| 300g Rump Steak | N\$ 165.50 |
| 400g Rump Steak | N\$ 185.50 |
| 300g Sirloin Steak | N\$ 165.50 |
| 300g T-Bone Steak | N\$ 185.50 |



Choice of starch and sauce for grill steak and chops

Side Salad, Savoury Rice, Pap, French Fries and Peppercorn Sauce, Gravy Sauce or Mushroom Sauce

SMALL PLATES/ EXTRAS

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| Portion of Chips | N\$ 55.50 |
| Sweet potato Fries & Aioli | N\$ 45.50 |
| Sweet potato crisp | N\$ 45.50 |
| Onion rings | N\$ 35.50 |
| Beef Samona (4pcs) 7 chutney Mayo | N\$ 65.50 |
| Mozzarella Stick (3pcs) & Ailo/ Sriracha Mayo | N\$ 65.50 |
| Meatballs (3pcs) & Spicy Sriracha Mayo | N\$ 64.50 |
| Side Veggies | N\$ 35.00 |
| Side Starch Rice, Pap, Pasta | N\$ 45.50 |



MAIN MEALS

FISH AND SEA FOOD DISHES

200g Grilled Kingklip

(Served With Parsley Potatoes, Side Salad and Hollandaise Sauce)

N\$ 195.50

200g Grilled Salmon Fillet

(Served With Creamy Tagliatelle / Savoury Rice and Side Salad)

N\$ 195.50

Whole Grilled Kabeljou

(Served With Savoury Rice / Parsley Potatoes and Side Salad with Tartar Sauce)

N\$ 230.50

Grilled Horse Mackerel

(Served With Savoury Rice and Side Salad with Creamy Lemon Sauce)

N\$ 135.50

Fried Hake

(Served With Savoury Rice / Chips and Side Salad)

N\$ 135.50

5x Grilled Tiger Prawns

(Served With Savoury Rice and Side Salad)

N\$ 185.50

Cajun Seafood (Shrimp & Clamari) Boil

N\$ 245.50

Grilled Whole Angel Fish

(Served With Baby Potatoes / Savoury Rice and Side Salad)

N\$ 195.50

3 x Grilled Calamari and 3 x Grilled Prawns

(Served With Savoury Rice and Side Salad)

N\$ 175.50

Grilled Bream Fish

(Served With Maize Meal Pap / Rice and Veggies)

N\$ 165.50

Stewed Horse Mackerel Served With Oshifima and Spinach

(Served With Parsley Potatoes, Side Salad and Hollandaise Sauce)

N\$ 125.50

MAIN MEALS

AHT BURGERS

Double Beef petty/ Double Chicken Schnitzel Burger with chips

N\$ 115.50

(Served on a bun with Lettuce, Fried Onions, Tomatoes, and Cheese. Accompanied by Chips or Salad)

Beef Burger

N\$ 85.50

(Served on a bun with Lettuce, Fried Onions, Tomatoes, and Cheese. Accompanied by Chips or Salad)

Beef and Olives Burger

N\$ 85.50

(Served on a bun with Lettuce, Fried Onions, Tomatoes, olives and Cheese. Accompanied by Chips or Salad)

Chicken Burger

N\$ 85.50

(Served on a bun with Lettuce, Fried Onions, Tomatoes, and Cheese. Accompanied by Chips or Salad)

Fish Burger

N\$ 75.50

Veggie Burger

N\$ 65.50

(Served on a bun with Lettuce, Fried Onions, Tomatoes, and Cheese. Accompanied by Chips or Salad)

EXTRAS

Bacon, Pineapple, Avocado, Eggs, Mushroom or Cheese Sauces

N\$ 25.50

SHARING PLATE

Sausage platter (selection of grilled German sausage, served with honey mustard & Garlic cheese bread.) **N\$ 175.50**

Tacos platter (2 pulled pork tacos, 2 pulled beef tacos, 2 mince tacos, 3 chicken tacos, tortilla chips guacamole & cottage cheese dips.) **N\$ 175.50**

Vegies platter (Cucumber & carrot crudites, toast crostini, olives, pesto & cream cheese stuffed peppadews, pesto hummus & herbed cottage cheese dip) **N\$ 165.50**

Carnivore Platter (3 mini beef skewers, 3 crumbed chicken bites, 3 beef samosa , 3 sausage served with mustard and spicy mayo) **N\$165.50**

EXTRA SAUCE

Peppercorn Sauce, **N\$ 35.50**

Mushroom Sauce, **N\$ 35.50**

Chutney Sauce, **N\$ 35.50**

Garlic Butter, **N\$ 35.50**

Garlic Mayo, Peppermint Sauce **N\$ 35.50**

KIDDIES MENU

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| <i>Scrambled Egg & Toast</i> | <i>N\$ 55.50</i> |
| <i>Scrambled Eggs, Russian & toast</i> | <i>N\$ 55.50</i> |
| <i>Cheese Toastie</i> | <i>N\$ 45.50</i> |
| <i>Cheese and Bacon Quesadilla (flat tortilla toasted with melted cheese & bacon)</i> | <i>N\$ 55.50</i> |
| <i>Cheesy bacon Pasta</i> | <i>N\$ 65.50</i> |
| <i>Chicken & Chips (grilled or crumbed chicken strips with chips)</i> | <i>N\$ 65.50</i> |
| <i>Classic Tuna Macaroni Salad</i> | <i>N\$ 45.50</i> |
| <i>Cornflake Crusted Fish and Chips</i> | <i>N\$ 55.50</i> |
| <i>Cornflake Chicken Tenders with Potatoes and Peas</i> | <i>N\$ 65.50</i> |
| <i>Mac 'n Cheesy</i> | <i>N\$ 45.50</i> |
| <i>Loaded Potato Bar</i> | <i>N\$ 45.50</i> |
| <i>Chicken Quesadillas</i> | <i>N\$ 55.50</i> |
| <i>X2 Corndogs served with sweet potato chips & tomato sauce</i> | <i>N\$ 65.50</i> |
| <i>Sweet-and-Sour Chicken Meatballs served with parsley rice</i> | <i>N\$ 65.50</i> |
| <i>Ground Chicken Tacos</i> | <i>N\$ 55.50</i> |
| <i>Kiddies Pepperoni Pizza</i> | <i>N\$ 55.00</i> |



KIDIES DESSERT

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|--|------------------|
| <i>Variety of Ice-cream P/Scoop</i> | <i>N\$ 15.50</i> |
| <i>Fruit salad served with ice-cream</i> | <i>N\$ 55.50</i> |
| <i>Ice-cream Brownies</i> | <i>N\$ 45.50</i> |
| <i>Milkshake</i> | <i>N\$ 55.50</i> |
| <i>Waffles served with Whipped Cream and Chocolate Syrup</i> | <i>N\$ 55.50</i> |
| <i>Waffles served with Peaches and Honey</i> | <i>N\$ 65.50</i> |
| <i>Waffles served with Ice Cream and Chopped Nuts</i> | <i>N\$ 55.50</i> |
| <i>Waffles served with Blueberries and Yogurt</i> | <i>N\$ 55.50</i> |
| <i>Waffles served with Peanut Butter and Jelly</i> | <i>N\$ 55.50</i> |
| <i>Waffles served with Strawberry Syrup</i> | <i>N\$ 55.50</i> |
| <i>Waffles served with Cinnamon Sugar</i> | <i>N\$ 55.50</i> |
| <i>Waffles served with Ham and Cheese</i> | <i>N\$ 55.50</i> |



DESSERTS

Fruit Salad

(Served With Cream / Plain Yoghurt)

N\$ 65.50

Malva Pudding

(Served With Ice Cream or Custard Pudding)

N\$ 55.50

Slice Carrot / Chocolate / Vanilla Cake

(Served With Ice Cream)

N\$ 55.00

Assorted Ice Cream

(Served With Chocolate Sauce)

N\$ 55.50

Oshingome

(Served With Cream or Ice Cream)

N\$ 45.50

Cheese Cake

(Served With Mixed Berry Compote and Ice Cream)

N\$ 45.50

Brandy Pudding

(Served With Vanilla Ice Cream)

N\$ 65.50

Cream Caramel

(Served With Pineapple Compote)

N\$ 65.50

Chocolate Mousse

(Served With Mix Berry Coulis and Chocolate Sauce)

N\$ 55.50

Chocolate Eclairs Filled With Cream or Ice Cream

N\$ 55.50

Waffle

(Served With Chocolate Sauce and Seasonal Fresh Fruits)

N\$ 65.50

