

*African Hospitality and Tourism  
(Pty) Ltd*

*"Here to Host You"*

Ala Carte

MENU

# BREAKFAST

## Continental Breakfast Buffet N\$185.50

- **Cereals** (Weetbix, All Bran Flakes, Cornflakes,
- Yoghurt, Seasonal Variety of Fruits)
- **Cold Platters** (Gouda / Mozzarella Cheese, Tomatoes, Ham, Cucumber, Salami)
- **Hot Buffet Items** (Fried Eggs, Bacon, Wors Baked Beans, Hash Tomatoes)
- **Selection of Bread** (White, Brown, Toasted, Ham, Butter, Peanut Butter, Honey, Marmalade)

## Variety of Sandwiches N\$ 35.50

- Ham and Cheese, Tomatoes, lettuce Sandwich
- Toasted Ham and Cheese Sandwich
- Toasted Salami and Cheese Sandwich
- Open : Sandwich, Egg Mayo, Tuna Mayo Chicken Mayo

## English breakfast

- Fried Eggs, Crispy bacon, **N\$ 155.50**  
Sausage, Tomatoes, Baked Beans, Mushrooms, Toasted Bread (white/brown)
- Fried Eggs, Crispy bacon, **N\$ 165.50**  
Sausage Tomatoes, Baked Beans, Mushrooms, Toasted Bread, Creamy past/Asparagus (white/brown)

## Vegetarian

- Vegan Sausage **N\$ 18.00**
- 2x Grilled Tomatoes **N\$ 8.50**
- Hash Browns **N\$ 25.50**
- Hash Browns with egg and bacon **N\$35.50**
- Mushrooms **N\$ 25.50**
- Baked Beans **N\$ 25.50**
- Scramble Eggs **N\$ 21.50**
- Poached Egg **N\$ 18.50**

## EXTRAS

<i>Sunny Side Up Each</i>	<b>N\$ 18.50</b>
<i>Sunny Side Turn Over Each</i>	<b>N\$ 18.50</b>
<i>Scramble Eggs</i>	<b>N\$ 18.50</b>
<i>Poached Egg Each</i>	<b>N\$ 18.50</b>
<i>Green Omlette(eggs, spinach, feta, tomatoes, avocados, olives, toasted seeds &amp; bacon Omelette</i>	<b>N\$ 45.50</b>
<i>Boiled Egg</i>	<b>N\$ 6.00</b>
<i>Roasted Potatoes</i>	<b>N\$ 25.00</b>
<i>Mini Sausages</i>	<b>N\$ 18.50</b>
<i>Cheese Slices</i>	<b>N\$ 18.50</b>
<i>Fresh Fruits</i>	<b>N\$ 30.50</b>
<i>Pancake Plate</i>	<b>N\$ 45.00</b>
<i>Waffle (served with ice cream and fruits/ whipped cream and fresh fruits)</i>	<b>N\$ 35.00</b>
<i>Waffle (served with eggs Benedict )</i>	<b>N\$ 55.50</b>
<i>Mushrooms</i>	<b>N\$ 20.00</b>
<i>Scrambled egg &amp; Avocado wrap (eggs, gouda cheese, tomatoes, bacon &amp; avocado)</i>	<b>N\$ 65.50</b>
<i>Spinach and Feta Breakfast Wraps</i>	<b>N\$ 75.50</b>
<i>Vegetarian Breakfast Burritos</i>	<b>N\$ 75.50</b>
<i>Mexican Breakfast Tacos</i>	<b>N\$ 75.50</b>
<i>Peanut Butter Banana Wrap recipe (Vegan, Dairy free)</i>	<b>N\$ 65.50</b>
<i>Breakfast Quesadillas</i>	<b>N\$ 65.50</b>

## STARTERS

### **Crumbed Mushrooms**

*(On A Bed Of Lettuce Served With Tartar Sauce)*

**N\$ 85.50**

### **Vegetable Kebab**

*(Drizzled With Thyme and Coriander Dressing)*

**N\$ 75.50**

### **Peri-peri Chicken Livers**

*(Served With A Toast)*

**N\$ 68.50**

### **Cheesy Antipasto Garlic Bread**

**N\$ 68.50**

### **6x Grilled Tiger Prawns**

*(Served With Creamy Garlic Sauce and Toast)*

**N\$ 185.50**

### **6x Crumbed Deep Fried Calamari Rings**

*(Served With Tartar Sauce)*

**N\$ 175.50**

### **4x Four Deep Fried Chicken Wings**

*(Served With Peri-peri or Sweet Chilli Sauce)*

**N\$ 125.50**

## SOUPS

### **Beef and Vegetable Soup**

**N\$ 55.50**

### **Vegetable Soup**

**N\$ 45.50**

### **Chicken Soup**

**N\$ 45.50**

### **Butternut Soup**

*Served With Croutons*

**N\$ 45.50**

### **Broccoli Soup**

*Served With Bacon Bites and Croutons*

**N\$ 45.50**

### **Noodles Soup**

**N\$ 55.50**

## SALADS

### **Garden Green Salad**

*(Bed of Lettuce, Cherry Tomatoes, Cucumber Onions and Bell Peppers)*

**N\$ 85.50**

### **Greek Salad**

*(Bed of Lettuce, Cherry Tomatoes, Cucumber Onions, Bell, Olives and Feta Cheese)*

**N\$ 95.50**

### **Caesar Salad**

*(Chicken Breast, Bacon, Croutons and Parmean Cheese)*

**N\$ 95.50**

### **Nicoise Salad**

*(Mix Lettuce, Baby Potatoes, Green Beans, Olives Cherry Tomatoes, Shredded Tuna and Onions)*

**N\$ 115.50**

### **Warm Sea Food Salad**

*(Fancy Lettuce, Cherry Tomatoes, Cucumber, Onions Bell Peppers, Calamari, Baby Prawns, Avocado Olives and Croutons)*

**N\$ 185.50**

### **AHT Beef Stripes Salad**

*(Fancy Lettuce, Beef Stripes, Cherry Tomatoes Cucumber, Onions, Bell Peppers Sesame Seeds)*

**N\$ 155.50**

### **Grilled Chicken Salad**

*(Fancy Lettuce, Cherry Tomatoes, Cucumber Onion, Bell Peppers, Chicken Breast)*

**N\$ 155.50**

### **Caprese Salad**

*(Tomatoes ,fresh mozzarella, sweet basil, olive oil and balsamic glaze)*

**N\$ 85.50**

### **Cobb Salad**

*(Greens, tomato, crispy bacon, boiled egg, chicken, chives, Roquefort cheese and avocado)*

**N\$ 115.50**

### **waldorf Salad**

*(Apples, celery, grapes and walnuts, dressed in mayonnaise, served on a bed of lettuce)*

**N\$ 85.50**

### **Crisp Apple Salad**

*(Crisp tart apple, Mixed lettuce, toasted pecans, Goat cheese or feta cheese, Pomegranate seeds or dried cranberries with Maple Vinaigrette dressing)*

**N\$ 115.50**

**Colesaw Salad**

*(Shredded raw cabbage with vinaigrette or mayonnaise.)*

**N\$ 85.50**

**Three Bean Salad**

*(Green beans, yellow wax beans, garbanzo beans, kidney beans, onions, peppers, or other vegetables, tossed in a vinaigrette or vinegar-based dressing.)*

**N\$ 115.50**

**Italian Salad**

*(Croutons, Romaine lettuce, butter lettuce, red onion, cherry tomatoes, black olives (or halved olives, pepperoncini, Parmesan shavings, served with Italian Dressing.)*

**N\$ 115.50**

**Strawberry Salad**

*(Baby spinach, strawberries, red onions, toasted almonds, feta cheese crumbles, sweet served with strawberry vinaigrette salad dressing)*

**N\$ 115.50**

**Mexican Salad**

*(lettuce, baby greens like baby kale/ spinach /arugula, red onions, cherry tomatoes, radishes, frozen corn kernels, chopped avocado / black beans / chopped cucumber, roasted salted pumpkin seeds) served with Taco Salad Dressing.)*

**N\$ 115.50**

**Broccoli Salad**

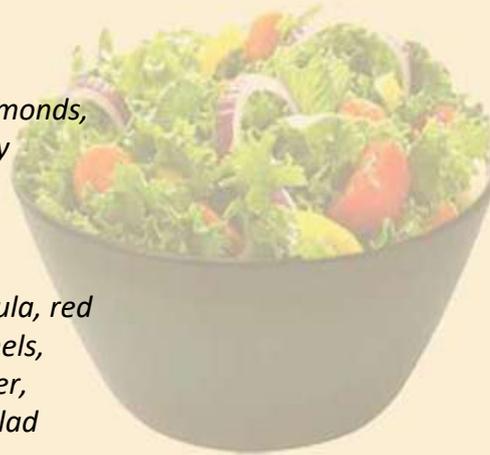
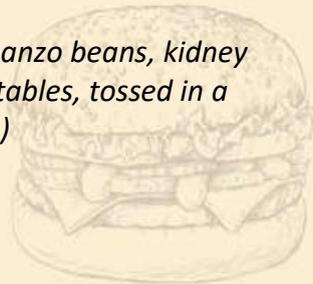
*(Fresh broccoli, Red onion, Carrot, Raisins, Mayo, Cider vinegar, Dijon mustard and Maple syrup)*

**N\$ 115.50**

**French carrot Salad**

*(Carrots, celery, maple syrup, mustard, Green onions, Parsley  
White wine vinegar)*

**N\$ 115.50**



## MAIN MEALS

### MEAT DISHES

#### **Stuffed Roasted Leg of Lamb**

*(Served With Potatoe Gratin, Side Salad and Rosemary Jus)*

**N\$ 185.50**

#### **Beef Teriyaki**

*(Served With Savoury Rice)*

**N\$ 155.50**

#### **Grilled Lamb Chop (200g)**

*(Served With Savoury Fried Rice, Roasted Veggies or Garden Salad and Peppercorn Sauce)*

**N\$ 165.50**

#### **Meatballs**

*(Served With Spaghetti and Sautéed Seasonal Veggies)*

**N\$ 165.50**

#### **Beef Stew**

*(Served With Pap / Savoury Rice / Pasta and Seasonal Veggies)*

**N\$ 165.50**

#### **Lasagna**

*(Served With Side Salad)*

**N\$ 165.50**

#### **Spaghetti Bolognese Top with Gouda or Cheddar Cheese**

**N\$ 155.50**

#### **Lamb Shank**

*(Served With Mash Potatoes, Roasted Veggies and Gravy Sauce)*

**N\$ 185.50**

#### **Butter Pork Chops**

*(Served with Rosemary & Garlic Butter and Sweet Potato Mash)*

**N\$ 165.50**

#### **Roasted Pork Neck**

*(Served With Pome Lyonnaise, Braised Cabbage and Beer Sauce)*

**N\$ 168.50**

#### **Game Meddalion in Pepper Sauce**

*(Served With Sweetcorn Pap, Broccoli and Cauliflower Roses)*

**N\$ 168.50**

#### **Pork Trotter Stew**

*(1 Hour Preparation)*

*Served With Maize Meal Pap / Rice)*

**N\$ 165.50**

## MAIN MEALS

### CHICKEN DISHES

**Roasted Chicken Leg Quarter:** (Served With Baked Potatoes and Garden Salad.) **N\$115.50**

**Bacon Wrapped Chicken Breast stuffed with parmesan, pepper & spinach** **N\$ 165.50**  
(Served with butternut puree and hassle back potatoes )

**Chicken Curry:** (Served With Butter Rice and Seasonal Veggies) **N\$115.50**

**Chicken Schnitzel:** (Served With Chips and Salad with Cheese Sauce) **N\$ 135.50**

**Two Piece Free Range Chicken** (Served With Oshifima, Omboga and Ondjove) **N\$105.50**

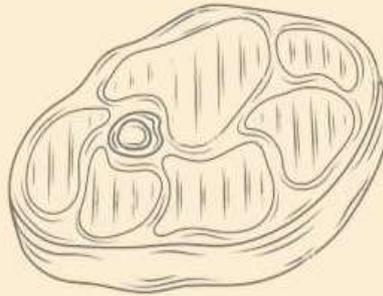
**Stir-Fried Chicken Wrap** (Served With Chips or Side Salad.) **N\$95.50**

**Whole Free Range Chicken** (Served With Oshifima, Omboga, Ondjove and Omwayi.) **N\$215.00**

# MAIN MEALS

## GRILL STEAKS

<b>200g Pork Chop</b>	<b>N\$ 155.50</b>
<b>200g Lamb Chop</b>	<b>N\$ 155.50</b>
<b>200g Sirloin Steak</b>	<b>N\$ 155.50</b>
<b>250g Rump Steak</b>	<b>N\$ 155.50</b>
<b>300g Rump Steak</b>	<b>N\$ 165.50</b>
<b>400g Rump Steak</b>	<b>N\$ 185.50</b>
<b>300g Sirloin Steak</b>	<b>N\$ 165.50</b>
<b>300g T-Bone Steak</b>	<b>N\$ 185.50</b>



**Choice of starch and sauce for grill steak and chops**

*Side Salad, Savoury Rice, Pap, French Fries and Peppercorn Sauce, Gravy Sauce or Mushroom Sauce*

## SMALL PLATES/ EXTRAS

<b>Portion of Chips</b>	<b>N\$ 55.50</b>
<b>Sweet potato Fries &amp; Aioli</b>	<b>N\$ 45.50</b>
<b>Sweet potato crisp</b>	<b>N\$ 45.50</b>
<b>Onion rings</b>	<b>N\$ 35.50</b>
<b>Beef Samona (4pcs) 7 chutney Mayo</b>	<b>N\$ 65.50</b>
<b>Mozzarella Stick (3pcs) &amp; Ailo/ Sriracha Mayo</b>	<b>N\$ 65.50</b>
<b>Meatballs (3pcs) &amp; Spicy Sriracha Mayo</b>	<b>N\$ 64.50</b>
<b>Side Veggies</b>	<b>N\$ 35.00</b>
<b>Side Starch Rice, Pap, Pasta</b>	<b>N\$ 45.50</b>



# MAIN MEALS

## FISH AND SEA FOOD DISHES

### **200g Grilled Kingklip**

*(Served With Parsley Potatoes, Side Salad and Hollandaise Sauce)*

**N\$ 195.50**

### **200g Grilled Salmon Fillet**

*(Served With Creamy Tagliatelle / Savoury Rice and Side Salad)*

**N\$ 195.50**

### **Whole Grilled Kabeljou**

*(Served With Savoury Rice / Parsley Potatoes and Side Salad with Tartar Sauce)*

**N\$ 230.50**

### **Grilled Horse Mackerel**

*(Served With Savoury Rice and Side Salad with Creamy Lemon Sauce)*

**N\$ 135.50**

### **Fried Hake**

*(Served With Savoury Rice / Chips and Side Salad)*

**N\$ 135.50**

### **5x Grilled Tiger Prawns**

*(Served With Savoury Rice and Side Salad)*

**N\$ 185.50**

### **Cajun Seafood (Shrimp & Clamari) Boil**

**N\$ 245.50**

### **Grilled Whole Angel Fish**

*(Served With Baby Potatoes / Savoury Rice and Side Salad)*

**N\$ 195.50**

### **3 x Grilled Calamari and 3 x Grilled Prawns**

*(Served With Savoury Rice and Side Salad)*

**N\$ 175.50**

### **Grilled Bream Fish**

*(Served With Maize Meal Pap / Rice and Veggies)*

**N\$ 165.50**

### **Stewed Horse Mackerel Served With Oshifima and Spinach**

*(Served With Parsley Potatoes, Side Salad and Hollandaise Sauce)*

**N\$ 125.50**

# MAIN MEALS

## AHT BURGERS

### **Double Beef petty/ Double Chicken Schnitzel Burger with chips**

*(Served on a bun with Lettuce, Fried Onions, Tomatoes, and Cheese. Accompanied by Chips or Salad)*

**N\$ 115.50**

### **Beef Burger**

*(Served on a bun with Lettuce, Fried Onions, Tomatoes, and Cheese. Accompanied by Chips or Salad)*

**N\$ 85.50**

### **Beef and Olives Burger**

*(Served on a bun with Lettuce, Fried Onions, Tomatoes, olives and Cheese. Accompanied by Chips or Salad)*

**N\$ 85.50**

### **Chicken Burger**

*(Served on a bun with Lettuce, Fried Onions, Tomatoes, and Cheese. Accompanied by Chips or Salad)*

**N\$ 85.50**

### **Fish Burger**

*(Served on a bun with Lettuce, Fried Onions, Tomatoes, and Cheese. Accompanied by Chips or Salad)*

**N\$ 75.50**

### **Veggie Burger**

*(Served on a bun with Lettuce, Fried Onions, Tomatoes, and Cheese. Accompanied by Chips or Salad)*

**N\$ 65.50**

## EXTRAS

### **Bacon, Pineapple, Avocado, Eggs, Mushroom or Cheese Sauces**

**N\$ 25.50**

## SHARING PLATE

**Sausage platter** (selection of grilled German sausage, served with honey mustard & Garlic cheese bread.)

**N\$ 175.50**

**Tacos platter** (2 pulled pork tacos, 2 pulled beef tacos, 2 mince tacos, 3 chicken tacos, tortilla chips guacamole & cottage cheese dips.)

**N\$ 175.50**

**Vegies platter** (Cucumber & carrot crudites, toast crostini, olives, pesto & cream cheese stuffed peppadeus, pesto hummus & herbed cottage cheese dip)

**N\$ 165.50**

**Carnivore Platter** (3 mini beef skewers, 3 crumbed chicken bites, 3 beef samosa , 3 sausage served with mustard and spicy mayo)

**N\$165.50**

## EXTRA SAUCE

Peppercorn Sauce,

**N\$ 35.50**

Mushroom Sauce,

**N\$ 35.50**

Chutney Sauce,

**N\$ 35.50**

Garlic Butter,

**N\$ 35.50**

Garlic Mayo, Peppermint Sauce

**N\$ 35.50**

## KIDDIES MENU

<i>Scrambled Egg &amp; Toast</i>	<i>N\$ 55.50</i>
<i>Scrambled Eggs, Russian &amp; toast</i>	<i>N\$ 55.50</i>
<i>Cheese Toastie</i>	<i>N\$ 45.50</i>
<i>Cheese and Bacon Quesadilla (flat tortilla toasted with melted cheese &amp; bacon)</i>	<i>N\$ 55.50</i>
<i>Cheesy bacon Pasta</i>	<i>N\$ 65.50</i>
<i>Chicken &amp; Chips (grilled or crumbed chicken strips with chips)</i>	<i>N\$ 65.50</i>
<i>Classic Tuna Macaroni Salad</i>	<i>N\$ 45.50</i>
<i>Cornflake Crusted Fish and Chips</i>	<i>N\$ 55.50</i>
<i>Cornflake Chicken Tenders with Potatoes and Peas</i>	<i>N\$ 65.50</i>
<i>Mac 'n Cheesy</i>	<i>N\$ 45.50</i>
<i>Loaded Potato Bar</i>	<i>N\$ 45.50</i>
<i>Chicken Quesadillas</i>	<i>N\$ 55.50</i>
<i>X2 Corndogs served with sweet potato chips &amp; tomato sauce</i>	<i>N\$ 65.50</i>
<i>Sweet-and-Sour Chicken Meatballs served with parsley rice</i>	<i>N\$ 65.50</i>
<i>Ground Chicken Tacos</i>	<i>N\$ 55.50</i>
<i>Kiddies Pepperoni Pizza</i>	<i>N\$ 55.00</i>



## KIDIES DESSERT

<i>Variety of Ice-cream P/Scoop</i>	<i>N\$ 15.50</i>
<i>Fruit salad served with ice-cream</i>	<i>N\$ 55.50</i>
<i>Ice-cream Brownies</i>	<i>N\$ 45.50</i>
<i>Milkshake</i>	<i>N\$ 55.50</i>
<i>Waffles served with Whipped Cream and Chocolate Syrup</i>	<i>N\$ 55.50</i>
<i>Waffles served with Peaches and Honey</i>	<i>N\$ 65.50</i>
<i>Waffles served with Ice Cream and Chopped Nuts</i>	<i>N\$ 55.50</i>
<i>Waffles served with Blueberries and Yogurt</i>	<i>N\$ 55.50</i>
<i>Waffles served with Peanut Butter and Jelly</i>	<i>N\$ 55.50</i>
<i>Waffles served with Strawberry Syrup</i>	<i>N\$ 55.50</i>
<i>Waffles served with Cinnamon Sugar</i>	<i>N\$ 55.50</i>
<i>Waffles served with Ham and Cheese</i>	<i>N\$ 55.50</i>



## DESSERTS

### **Fruit Salad**

*(Served With Cream / Plain Yoghurt)*

**N\$ 65.50**

### **Malva Pudding**

*(Served With Ice Cream or Custard Pudding)*

**N\$ 55.50**

### **Slice Carrot / Chocolate / Vanilla Cake**

*(Served With Ice Cream)*

**N\$ 55.00**

### **Assorted Ice Cream**

*(Served With Chocolate Sauce)*

**N\$ 55.50**

### **Oshingome**

*(Served With Cream or Ice Cream)*

**N\$ 45.50**

### **Cheese Cake**

*(Served With Mixed Berry Compote and Ice Cream)*

**N\$ 45.50**

### **Brandy Pudding**

*(Served With Vanilla Ice Cream)*

**N\$ 65.50**

### **Cream Caramel**

*(Served With Pineapple Compote)*

**N\$ 65.50**

### **Chocolate Mousse**

*(Served With Mix Berry Coulis and Chocolate Sauce)*

**N\$ 55.50**

### **Chocolate Eclairs Filled With Cream or Ice Cream**

**N\$ 55.50**

### **Waffle**

*(Served With Chocolate Sauce and Seasonal Fresh Fruits)*

**N\$ 65.50**

